

BREAKING THE TIME BARRIER. (THE MOIRA HANDBOOK).
 PSYCHIC RESEARCH INTO MATRIARCHY (P.R.I.M.).
 40, St. John St. Oxford. 75p.

Described as "psychic adventures into the female civilizations of the deep past", this is a really fascinating book. It describes a technique for astral travel whilst conscious and contains accounts from 7 women and 1 man who deliberately tried to project back to a previous life in the Matriarchal period. I believe this is possible and feel that their experiences 'ring true'. But whether you believe the technique works or not and whether you feel the accounts are genuine or merely vivid imaginings in many ways matters less than the fact that reading the accounts could give you a whole new outlook on the past. Each projection is to a different period and give very different accounts of what it was like or, what it may have been like, ranging from the transition from semi to full patriarchy back through the semi-matriarchy, late and central matriarchies right back to the early non-astral matriarchy. To explain this last term, the writers feel there are two "time barriers" which can prevent people from projecting back into the matriarchy, the first and major barrier lies around the transition into total patriarchy. What prevents people going through this barrier is both the inability to "jump" from a patriarchal culture to a matriarchal one plus a fear that the further back you go the more primitive things become. This seems to be a very modern fear. The further back you go the more complex things become, the oldest languages we know are far more complicated and sophisticated than any living language....whilst these languages were in use in one part of the world cave men existed in another! Many great civilizations existed when we were all supposed to be wearing skins and clubbing each other over the head...and these civilizations regarded themselves as poor and degraded versions of even earlier peoples!!! so, do not fear. The second barrier is of a different type altogether. Very far back, it cuts us off from what the writers term the Astral Aeon. Beyond this life was so different that we cannot grasp it. The physical and the astral are much closer and humans can function on both planes simultaneously. Because of our limitations this barrier is virtually impossible to penetrate. One projection goes right back to just this side of the barrier and gives a clearer picture of how different things were than I can. In it the woman realises that her clothing and that of her friends is not just clothing but in some way also a visible expression of her aura over which she has complete control, and that the temple they visit is at one time both a clearing in the wood and a building, not made of stone but of psychic energy, and that sex differentiation, if it existed at all was very tenuous. The writers are at present preparing a longer, more comprehensive book, but I am sure that this introduction to the technique and representative projections will interest the growing number of women interested in women's psychic powers, and I would be very interested to hear experiences of women using this technique of projection.

